



Health Matters Newsletter
June 24, 2022
Today's Health Matters Includes:

- OCCHN Meeting Schedule
- Community Meetings
- Project Manager Posting for Cowichan Health Survey- Attached
- Cowichan Valley Hospice Seeking New ED
- A Closer Look at Racism in Cowichan (Also our next OCCHN Topic July 14)
- Municipality of North Cowichan Satisfaction Survey
- Plan H Age Friendly Communities Grant Open
- Cowichan Tribes Seeking Youth Centre Space
- Provincial Heat Alert Response System Information- attached
- Compassionate Enquiry Learning Opportunity



- ✓ **Next Admin Committee Meeting July 7- 4:00 pm zoom call**
- ✓ **Next Our Cowichan Network Meeting July 14 Zoom**
- ✓ **Next EPIC Committee Meeting- July 21, 2022, 1:30 pm-3:00 pm zoom call** contact Cindy cindylisecchn@shaw.ca for access
- ✓ **Cowichan CAT – June 23 2022, 10 am -noon** contact Leah Vance leahlvance@gmail.com

Omicron Continues to Circulate Please GET Boosted



Project Manager Posting – Our Cowichan Communities Health Network Health Survey

- Attached Please distribute broadly



Cowichan Valley Hospice Seeking New Executive Director

Closing date for the ED position at Cowichan has been extended to June 22 at midnight. Our refreshed job description is here: <https://cowichanhospice.org/get-involved/careers/>

Cowichan Valley Hospice Seeking New Bereavement Services Coordinator Posting closes June 26.



North Cowichan Citizen Satisfaction Survey

North Cowichan is launching its second Citizen Satisfaction Survey and invites residents to share their feedback!

Through telephone interviews conducted by Forum Research Inc., randomly selected residents will be asked for their input on a variety of topics such as satisfaction with the services provided by the Municipality, quality of life, and value for taxes. The survey will run from June 22 to July 8.

- **Phones will display 877-453-0539 as the incoming number**

Residents who do not receive a call to complete the randomly selected telephone survey can still participate and share their feedback through an online version of the survey, which is open for input until July 8.

- **[Take the survey now\(External link\)!](#)**

The results of the 2022 Citizen Satisfaction Survey will be compared against the baseline [2019 Citizen Satisfaction Survey\(External link\)](#), and Council and staff will use this information to identify improvements and determine priorities. Results will be made available later this summer. All information collected through the survey will remain confidential, individual responses will not be shared, and results will be provided in an aggregate form only.



COVID Research Documents Across a Variety of Topic (The Lancet)

[COVID-19 Resource Centre \(thelancet.com\)](https://www.thelancet.com/covid19)



A Closer Look

Racism and Marginalization in Cowichan

The Cowichan Intercultural Society has published a study about racism and marginalization in Cowichan. This is the first study of its kind in our community. The study is free and available to download here: <https://cowichanintercultural.org/wp-content/uploads/2022/05/A-Closer-Look-2022.pdf>

More than 630 individuals completed the online survey. They shared their perspectives about: immigration, feelings of belonging, where and how often discrimination occurs, anti-discrimination initiatives, and discrimination during COVID.

The study is a timely resource for individuals and organizations working to insure that policies, processes and systems are equitable and inclusive. The community can now add a firm, local research base to the toolkit for building welcoming communities.

For questions or conversation about the study, contact: Elizabeth Croft | elizabeth@cis-iwc.org | 604.931.9122



Canadian
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Planning a healthy community
starts here.

2022 Age-friendly Communities Grant Program now open



BC Healthy Communities (BCHC) is excited to announce the new Age-friendly Communities Grant Program is now accepting applications. All local and Indigenous B.C. governments working to build age-friendly communities through equitable policies, programs, and services have access to age-friendly communities funding and support to help make it happen. BCHC is the new administrator for the Age-friendly Communities Grant Program in partnership with the Ministry of Health. The program is open for applications across two funding streams: Planning (Stream 1) up to \$25,000, and Projects (Stream 2) up to \$15,000. Both grant streams include in-kind, customized capacity-building supports provided by BCHC staff.

Questions? Watch the [information session](#) or reach out at grants@bchealthycommunities.ca. Applications close **July 5, 2022**.

[Learn more & apply](#)



Cowichan Tribes Looking for Space for Youth Centre

There has never been a time more critical than now to reconnect our youth with each other and supporting adults. Cowichan Tribes is currently without a youth centre space and is desperately seeking a location to host summer programs and more. If you are aware of a community space, please contact Leon Johnny leon.johnny@cowichantribes.com



Cowichan Neighbourhood House Summer Youth Program- Attached

The Cowichan Neighbourhood House is starting their Summer Youth Program Tuesday June 21st! We are very excited as this will be the first summer since COVID that the program is running again.

Here is the information that we would like to share about our programs this summer in your newsletter:

Beginning Tuesday, June 21st, youth ages 10-18 are invited to join us Tuesdays to Thursdays from 1:30-4:30pm for fun games, adventurous art, outdoor excursions and table pool!

On Fridays and Saturdays from 6-9:30pm, join us for "Youth Night"! Socialize, hang out and sing-along to karaoke tunes with friends!

All activities will be held at the CNHA, 9806 Willow St.

If interested, contact Tara at tara.cooper@cnha.ca





Compassionate Inquiry[®]
Trauma-Informed Psychotherapeutic Program

Would you like to develop and learn skills as a therapist or a health care provider?
Applications for the 12th Cohort are Now Open!

Professional Online Training
Program Dates: September 19, 2022 to October 16, 2023

Created by:

Dr. Gabor Maté Sat Dharam Kaur ND

Subsidy Application Closes: July 8, 2022 • Regular Application Closes: July 31, 2022

The advertisement features a background image of a calm lake surrounded by lush green trees. The text is overlaid on this image, with a purple-to-blue gradient box for the title. Two circular portraits of the program creators are shown below the main text.

Health Matters Newsletter

Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the Friday Newsletter